

Great Couple Conversations #2

Roll 2 dice twice to locate a table cell. First roll is vertical and second roll is horizontal. 12 = you choose a number. Or use a deck of cards where you ignore face cards and the ace is 11. Take turns clockwise. If that cell item has already been dialogued, use one from any cell touching the cell of the numbers. Then, answer the question. When a person answers, the other asks curious questions to get to know the partner better, but never to criticize. The process repeats with the other person answering the same question and being asked questions in a curious manner. For the very best results, read the free article "Successful Couple Dialogue" at www.ChurchesReachOut.com.

*The designers, publishers, organizations and persons who gave you this tool cannot be responsible for any specific outcome. Use good judgment. If conflict arises, stop immediately and seek the expert help of a professional counselor or psychotherapist.

	2 & 3	4 & 5	6 & 7	8 & 9	10 & 11	
2 & 3	How do you feel about other people's expectations of you?	What is the best way to make you feel good?	What makes you most cautious about people?	What do you think about gambling?	What do you really think of family?	2 & 3
4 & 5	Through what historical disaster would you want to have lived?	What are some of your biggest regrets?	What is a past decision you wish you could change?	Who are some of the people you do not trust?	What are some things you did (do) not like about your father?	4 & 5
6 & 7	What have been the major turning points of your life?	What would you like to resolve with a brother or sister?	What would you like to resolve with one or both of your parents?	What is the best way to help you feel smart?	What do you think about using illegal drugs?	6 & 7
8 & 9	What are some things you did (do) not like about your mother?	What kind of cooking would you like to learn?	What are the things you did not like about each of your siblings?	Are there people you still need to thank for a gift or memory?	Do you think one sex (women or men) is better than the other?	8 & 9
10 & 11	What is a nice way for me to say, "No" to you?	What do you think about smoking?	What do you really think of exercise?	What do you think about drinking alcoholic beverages?	What is the best way to ask you to change something about yourself?	10 & 11

	2 & 3	4 & 5	6 & 7	8 & 9	10 & 11	
2 & 3	What occupation would you like but cannot and it is okay?	When your spirit is really, really down, what do you do?	What do you think of charging purchases on a credit card?	Of what were you afraid of at night as a child?	What kinds of things are frustrating you right now?	2 & 3
4 & 5	One of the last changes I made in myself was . . .	About what do you usually cry?	What have been some of your biggest disappointments?	What do you really think of religion or faith?	What is the best way for me to ask you to spend some time with me?	4 & 5
6 & 7	What is one thing about myself that you would like me to change?	Of what were you afraid of during the daytime as a child?	What do you do to stop being angry?	What kind of circus performer would you prefer to be?	What weighs you down in life that you would like to get rid of?	6 & 7
8 & 9	What is the best way to cut down on expenses?	Are you addicted to anything?	What are three changes you would like to make in your life?	Who has done you wrong whom you haven't been able to forgive?	What are your nervous habits?	8 & 9
10 & 11	Of what were you really self-conscious as a teenager?	Who would you like to mentor you?	What is the best way for me to ask you to do a chore or task?	What are some of your biggest unanswered questions?	How did you try to please your father? Your mother?	10 & 11

Your Church Name & Other Information Goes Here

Information of your choosing goes here.

(example)

River Bend Community Church

1289 East Willow Road
River Bend, California

www.rbcxchurch.org

(876) 987-XXXX

If you order a license,
this space is blank
so that you can insert
whatever your church wants
in this space.

This space can also be used as
advertising for someone who
wants to pay the expense of this
outreach effort.

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WHAT IS DIALOGUE?

There is probably no finer communication skill than dialogue. Therefore, if you do it, you will build a better and better relationship through understanding and caring.

DIALOGUE IS MERELY ASKING QUESTIONS OF EACH OTHER OUT OF CURIOSITY IN ORDER TO BETTER KNOW AND UNDERSTAND ONE ANOTHER

Dialogue usually means just asking the questions "Why?" and "What do you mean?" over and over again. When you ask a person a "why" question, it usually opens up a bit of new information about him or her. Another "why" question yields a little more. When a "why" question seems hard to think of, then any simple, friendly, non-judgmental question motivated by curiosity is fine.

Such dialogue helps you find out what others really think and feel. It also helps others find out what you really think and feel.

Understanding and accepting other people – deeper and deeper through dialogue – knowing how others think and feel, as well as what they really mean by what they say, creates much better relationships.

GUIDELINES FOR DIALOGUE

For good dialogue, it is important to follow these ground rules:

1. Answer what is true for you. The other person will try to remember what you said so that he or she can better understand you and treat you better.
2. Listen in order to understand the person talking, not to change him or her.
3. No arguing, criticizing or objecting. People hate to be criticized over things they say. They know what they think and feel, and they consider it absurd and insensitive if others think they know these things better.
4. Ask lots of questions (usually "Why?" or "What do you mean?") to clarify what is being communicated. Other clarifying questions can be: "What?" "What for?" "How?" "When?" "How come?" "Where?" "In what way?" "Can you explain?" "Please tell me more."
5. Refrain from giving advice or breaking in with your own contribution.
6. Let people be themselves, even if they give an answer that you do not agree with or like. Instead of objecting or offering criticism, ask the other persons "Why" questions. This will help you clarify what they are saying, what they think and feel about things, and who they are. People will appreciate your efforts to understand them.
7. Avoid conflict. There are no right or wrong answers. There is just what a person says. He or she will appreciate you for asking about and learning from his or her own words.
8. Solve problems only after much dialogue has produced deeper understanding. Dialogue may expose some differences that might have to be solved. Make a note of those you think might need later discussion and problem-solving. During dialogue, do not bring up problems.