

Family Talk & Skill Builder Game #5

Roll 2 dice twice to locate a table cell. First roll is vertical and second roll is horizontal. 12 = you choose a number. Or use a deck of cards where you ignore face cards and the ace is 11. Take turns clockwise. If that cell item has already been dialogued, use one from any cell touching the cell of the numbers. Then, complete the sentence. When a person answers, others ask curious questions to get to know that family member better, but never to criticize. The best questions are "Why?" and "What do you mean?" Then, going around the circle, everyone answers that same question. This process repeats with the next person clockwise (or you can go by age, from the youngest to oldest). For the very best results, read the free article "Successful Family Dialogue" at www.ChurchesReachOut.com.

*The publisher, organization and person who gave you this tool cannot be responsible for the outcome of your conversations. Use good judgment. If conflict arises, stop immediately and seek the expert help of a professional counselor or psychotherapist.

	2	3	4	5	6	7	8	9	10	11	
	Getting to Know You	Favorites	Memories	Wishes & Dreams	Thinking Together	Best Ways	Choices	Survival & Success	Positive Attitude	Problem Solving	
	Finish the statement	What is your favorite & why?	Tell a memory of . . .	Answer	What do you think about . . . ?	What is the best way to . . . ?	What should happen if you . . . ?	Answer	Name 3 good things about . . .	How would you handle this?	
2	I do not like to . . .	fruit	a costume; or something you did that helped	Money is no problem. What kind of vehicle do you buy?	doing things indoors	stop an argument	cheat	If an animal bites you, what must be done?	debating but not arguing	you don't understand your parents' instructions	2
3	One hard thing I did was . . .	clothes	your favorite place to swim; or competing	What would you like named in your honor?	your clothes	keep friends	tattle needlessly	How can you help fight prejudice and racism?	excelling at something	somebody important forgets your birthday	3
4	When traveling in a car, I like to . . .	piece of art	a schoolyard; or a visit to the doctor	You are from another planet. What do you do?	treating others respectfully	keep in touch with friends who have moved	play with fire or something dangerous	How do you safely use your bike?	neighbors	your mom or dad doesn't do something promised	4
5	What I like best about the winter holidays are . . .	time of day	when you were really angry and lost your temper	What would you do about reducing crime?	me or us	find something you lost	ask for too many things or are demanding	What do you do for sunburn?	walking away from conflict	you are in a competition and see others cheating	5
6	I like to pretend that . . .	email correspondent or yellow thing	your mother; or a good decision you once made	You get three wishes (only). What are they?	our living quarters	change something you do wrong	don't take care of your pets or are cruel to them	How do you safely use an axe or hatchet?	a day with the family	your little brother or sister needs to have more confidence	6
7	When I am feeling good, I like to . . .	complaint	a most fun time of your life; or a restaurant	On what hobby would you like to spend \$10,000?	making people who visit us feel welcome	remember dates and times of events	lie or make up stories	How do you make certain you get your homework done?	encouraging people in your family	you need to stop arguing with your parents	7
8	I would like to travel to . . .	fiction book or story	a favorite piece of clothing; or something scary	Describe a fantastic vacation in the country.	how to deal with restlessness	protect your privacy	do not correct your own mistakes voluntarily	What should you do if bitten by a poisonous snake?	listening	you have told a big lie and must now tell the truth	8
9	I think it's good the way I . . .	mode of transportation	a teacher	Would you rather be rich, famous, or more attractive?	taking care of your possessions	keep your toys off the floor to avoid accidents	handle disappointment poorly	What do you do for a nosebleed?	long trip in the car or on a train or bus	your friends steal money from someone you know	9
10	The people I like to play with (enjoy) are . . .	recess activity	recess; playing hide and seek; or a telephone call	If you didn't have to sleep, what would you do?	electronic games	for you and I to get along	visit unapproved web sites	How do you want to handle disappointment?	confusion	only have half the money needed to buy Christmas presents	10
11	At school I really enjoy(ed) . . .	thing to touch	a friend who complimented you; or a table game	What fictitious person would you like to be?	hiking and camping	mow the lawn	misbehave in the car	How do you safely cross a street?	rules	you become lost in the forest	11

Your Church Name & Other Information Goes Here

Information of your choosing goes here.

(example)

River Bend Community Church

1289 East Willow Road
River Bend, California

www.rbcxchurch.org

(876) 987-XXXX

If you order a license,
this space is blank
so that you can insert
whatever your church wants
in this space.

This space can also be used as
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wants to pay the expense of this
outreach effort.

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WHAT IS DIALOGUE?

There is probably no finer communication skill than dialogue. Therefore, if your family does it, you will build better and better relationships through understanding and caring.

DIALOGUE IS MERELY ASKING QUESTIONS OF EACH OTHER OUT OF CURIOSITY IN ORDER TO BETTER KNOW AND UNDERSTAND ONE ANOTHER

Dialogue usually means just asking the questions "Why?" and "What do you mean?" over and over again. When you ask a person a "why" question, it usually opens up a bit of new information about him or her. Another "why" question yields a little more. When a "why" question seems hard to think of, then any simple, friendly, non-judgmental question motivated by curiosity is fine.

Such dialogue helps you find out what others really think and feel. It also helps others find out what you really think and feel.

Understanding and accepting other people – deeper and deeper through dialogue – knowing how others think and feel, as well as what they really mean by what they say, creates much better relationships.

GUIDELINES FOR DIALOGUE

For good dialogue, it is important to follow these ground rules:

1. Answer what is true for you. Other family members will try to remember what you said so they can better understand you and treat you better.
2. Listen in order to understand the person talking, not to change him or her.
3. No arguing, criticizing or objecting. People hate to be criticized over things they say. They know what they think and feel, and they consider it absurd and insensitive if others think they know these things better.
4. Ask lots of questions (usually "Why?" or "What do you mean?") to clarify what is being communicated. Other clarifying questions can be: "What?" "What for?" "How?" "When?" "How come?" "Where?" "In what way?" "Can you explain?" "Please tell me more."
5. Refrain from giving advice or breaking in with your own contribution.
6. Let people be themselves, even if they give an answer that you do not agree with or like. Instead of objecting or offering criticism, ask the other persons "Why" questions. This will help you clarify what they are saying, what they think and feel about things, and who they are. People will appreciate your efforts to understand them.
7. Avoid conflict. There are no right or wrong answers. There is just what a person says. He or she will appreciate you for asking about and learning from his or her own words.
8. Solve problems only after much dialogue has produced deeper understanding. Dialogue may expose some differences that might have to be solved. Make a note of those you think might need later discussion and problem-solving. During dialogue, do not bring up problems.