

Great Couple Conversations # 4

(a bit more oriented toward her)

Roll 2 dice twice to locate a table cell. First roll is vertical and second roll is horizontal. 12 = you choose a number. Or use a deck of cards where you ignore face cards and the ace is 11. Take turns clockwise. If that cell item has already been dialogued, use one from any cell touching the cell of the numbers. Then, answer the question. When a person answers, the other asks curious questions to get to know the partner better, but never to criticize. The process repeats with the other person answering the same question and being asked questions in a curious manner. For the very best results, read the free article "Successful Couple Dialogue" at www.ChurchesReachOut.com.

*The designers, publishers, organizations and persons who gave you this tool cannot be responsible for any specific outcome. Use good judgment. If conflict arises, stop immediately and seek the expert help of a professional counselor or psychotherapist.

	2 & 3	4 & 5	6 & 7	8 & 9	10 & 11	
2 & 3	How do you best like to relax?	How well do you sleep at night?	What kind of weather conditions really scare you?	Do you ever wish you could be a kid again? Why?	What is a quality in someone else you admire?	2 & 3
4 & 5	What are your favorite things to cook?	What do you think about household clutter?	What makes you too hot?	What do you enjoy about your work or usual activities?	What leftover food gets uneaten?	4 & 5
6 & 7	What is your favorite restaurant for us to go to?	Describe a memorable meal.	What are your thoughts about living quarters?	What is your idea of a perfect vacation day?	What makes you too cold?	6 & 7
8 & 9	What is an accomplishment you feel really good about?	What do you think about clothes?	On a day off, how late would you like to sleep?	Who are your role models or heroes?	What do you think about cosmetics?	8 & 9
10 & 11	Which theatrical plays did you really like?	Have you ever been lost? Tell about it.	What do you like best about y(our) home?	What are your favorite product brands?	Has any music greatly affected your life?	10 & 11

	2 & 3	4 & 5	6 & 7	8 & 9	10 & 11	
2 & 3	What do you enjoy about nature?	What would make life more worthwhile for you?	What gives you goose bumps.	What do you think of or feel about Winter?	What kind of financial conditions really scare you?	2 & 3
4 & 5	How do you make it through a tough day?	What do you think of or feel about Fall?	Do you have any favorite audiobooks?	What are a few of your favorite quotations?	What do you enjoy about the city?	4 & 5
6 & 7	Who is your favorite musical artist and why?	What kind of social conditions really scare you?	With only \$30 to spend, what kind of dates would you really enjoy?	What other languages would you like to speak?	How do you prefer to dress?	6 & 7
8 & 9	What are your thoughts about talking on the telephone?	If you could, where would you like to fly this next weekend?	What do you enjoy about the country?	With \$300 to spend, what kind of dates would you enjoy?	What do you think of or feel about Summer?	8 & 9
10 & 11	What do you think of or feel about Spring?	What do you enjoy about vacations?	Did you ever have a really bad meal? Tell about it.	What fairly expensive extravagance do you not regret?	In what three subjects you would like to be expert?	10 & 11

Your Church Name & Other Information Goes Here

Information of your choosing goes here.

(example)

River Bend Community Church

1289 East Willow Road
River Bend, California

www.rbcxchurch.org

(876) 987-XXXX

If you order a license,
this space is blank
so that you can insert
whatever your church wants
in this space.

This space can also be used as
advertising for someone who
wants to pay the expense of this
outreach effort.

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WHAT IS DIALOGUE?

There is probably no finer communication skill than dialogue. Therefore, if you do it, you will build a better and better relationship through understanding and caring.

DIALOGUE IS MERELY ASKING QUESTIONS OF EACH OTHER OUT OF CURIOSITY IN ORDER TO BETTER KNOW AND UNDERSTAND ONE ANOTHER

Dialogue usually means just asking the questions "Why?" and "What do you mean?" over and over again. When you ask a person a "why" question, it usually opens up a bit of new information about him or her. Another "why" question yields a little more. When a "why" question seems hard to think of, then any simple, friendly, non-judgmental question motivated by curiosity is fine.

Such dialogue helps you find out what others really think and feel. It also helps others find out what you really think and feel.

Understanding and accepting other people – deeper and deeper through dialogue – knowing how others think and feel, as well as what they really mean by what they say, creates much better relationships.

GUIDELINES FOR DIALOGUE

For good dialogue, it is important to follow these ground rules:

1. Answer what is true for you. The other person will try to remember what you said so that she or he can better understand you and treat you better.
2. Listen in order to understand the person talking, not to change him or her.
3. No arguing, criticizing or objecting. People hate to be criticized over things they say. They know what they think and feel, and they consider it absurd and insensitive if others think they know these things better.
4. Ask lots of questions (usually "Why?" or "What do you mean?") to clarify what is being communicated. Other clarifying questions can be: "What?" "What for?" "How?" "When?" "How come?" "Where?" "In what way?" "Can you explain?" "Please tell me more."
5. Refrain from giving advice or breaking in with your own contribution.
6. Let people be themselves, even if they give an answer that you do not agree with or like. Instead of objecting or offering criticism, ask the other persons "Why" questions. This will help you clarify what they are saying, what they think and feel about things, and who they are. People will appreciate your efforts to understand them.
7. Avoid conflict. There are no right or wrong answers. There is just what a person says. He or she will appreciate you for asking about and learning from his or her own words.
8. Solve problems only after much dialogue has produced deeper understanding. Dialogue may expose some differences that might have to be solved. Make a note of those you think might need later discussion and problem-solving. During dialogue, do not bring up problems.